

## Powered Industrial Truck Operator Safety Course

Continuing Ed Credits:0.15

This course is designed for personnel who will work with powered industrial trucks (PIT) (i.e. forklift) used to carry, push, pull, lift, stack, or tier materials. It will better familiarize the worker with the potential health and safety concerns associated with powered industrial trucks. The content in this course is designed to comply with the intent of the applicable regulatory requirements. Learner objectives for this course are to: specify the purpose of the Powered Industrial Truck standard (OSHA 29 CFR 1910.178), define the operator training requirements for powered industrial trucks, distinguish several types of powered industrial trucks, recognize some general engineering principles associated with powered industrial truck safety, distinguish potential occupational health and safety concerns associated with the use and maintenance of powered industrial trucks, describe safe loading and unloading methods, identify general inspection and maintenance procedures.

<b>Class# 3116</b>	<b>Start Date: 7/24/2018</b>	<b>End Date: 7/24/2018</b>	Fees: Under 62: \$42.63	Over 62: \$22.50
Meetings: Tue 7/24/2018 3:00pm-9:00pm at Rhinelander - Birchwoods Center 103				
<b>Class# 3114</b>	<b>Start Date: 8/14/2018</b>	<b>End Date: 8/14/2018</b>	Fees: Under 62: \$42.63	Over 62: \$22.50
Meetings: Tue 8/14/2018 9:00am-3:00pm at Rhinelander - Birchwoods Center 103				
<b>Class# 5033</b>	<b>Start Date: 10/3/2018</b>	<b>End Date: 10/3/2018</b>	Fees: Under 62: \$75.00	Over 62: \$54.87
Meetings: Wed 10/3/2018 8:00am-2:00pm at Rhinelander - Birchwoods Center 103				
<b>Class# 5034</b>	<b>Start Date: 11/7/2018</b>	<b>End Date: 11/7/2018</b>	Fees: Under 62: \$75.00	Over 62: \$54.87
Meetings: Wed 11/7/2018 8:00am-2:00pm at Rhinelander - Birchwoods Center 103				

## Confined Space Attendant Entrant

Continuing Ed Credits:0.25

This course prepares the individuals to work as an attendant, entrant or supervisor in or near a Permit Required Confined Space (PRCS) according to the Occupational Safety & Health Administration (OSHA) 29 CFR 1910.146 (b-i). The class will contain a mixed classroom and field training approach. Topics to be covered include: general definitions, classification of spaces, general entry requirements, permit program, permit system and training requirements for entrants and attendants. Students will become proficient in confined space equipment including; permits, harnesses, retrieval systems, atmospheric monitoring and ventilation.

<b>Class# 5027</b>	<b>Start Date: 10/22/2018</b>	<b>End Date: 10/23/2018</b>	Fees: Under 62: \$195.00	Over 62: \$161.45
Meetings: Mon/Tue 10/22/2018-10/23/2018 8:00am-1:00pm at Rhinelander - Birchwoods Center 105				

## Confined Space Rescue

Continuing Ed Credits:0.15

This course provides industrial personnel that have previous confined space training to work as confined space rescuer in compliance with OSHA 1910.146 (k) & (Appendix F) [Permit – Required Confined Spaces]. This class will contain a mixed classroom and field training approach. Training includes an overview of rescue response considerations; receiving the call, size-up, atmospheric monitoring and permitting. Students then performed “real time” rescue retrieval of patients in a controlled confined space training simulator utilizing various techniques.

<b>Class# 5028</b>	<b>Start Date: 10/24/2018</b>	<b>End Date: 10/24/2018</b>	Fees: Under 62: \$105.00	Over 62: \$84.87
Meetings: Wed 10/24/2018 8:00am-1:00pm at Rhinelander - Birchwoods Center 105				

## OSHA 10 Hour General Industry

Continuing Ed Credits:0.25

Workers are provided with general awareness about recognizing and preventing hazards commonly found in the workplace. OSHA recommends this training as an orientation to occupational safety and health. Learn how nine major provisions of the Occupational Safety and Health Act (OSHA) can be implemented in the workplace. Topics include common violations; inspections, citations and penalties; walking and working surfaces; means of egress and fire protection; hazardous materials; material handling; electrical safety; and machine guarding. This course is taught by an OSHA-authorized instructor. Participants who successfully complete the course will receive an OSHA course completion card. Workers can receive additional training on hazards specific to their job. 10 hours of mandatory and optional topics will be covered.

<b>Class# 3112</b>	<b>Start Date: 8/20/2018</b>	<b>End Date: 8/21/2018</b>	Fees: Under 62: \$200.00	Over 62: \$166.45
Meetings: Mon 8/20/2018 8:00am-4:00pm at Rhinelander - Birchwoods Center 103				
Tue 8/21/2018 8:00am-11:30am at Rhinelander - Birchwoods Center 103				

**OSHA 30 Hour General Industry**

Continuing Ed Credits:0.75

This course is for supervisors and those desiring more extensive safety and health training in industry safety, health principles and OSHA 1910 policies, procedures and other general industry standards. This course is taught by an OSHA authorized instructor. Participants who successfully complete the course will receive a card from OSHA certifying completion of the course. Workers can receive additional training on hazards specific to their job. 30 hours of mandatory and optional topics will be covered.

**Class# 3113**                      **Start Date: 8/20/2018**      **End Date: 8/23/2018**                      Fees: Under 62: \$500.00      Over 62: \$399.35  
Meetings: Mon/Tue/Wed/Thur 8/20/2018-8/23/2018 8:00am-4:00pm at Rhinelander - Birchwoods Center 103

**NFPA 70 E Electrical Safety Awareness Training for Electrical Workers (4hr)**

Continuing Ed Credits:0.1

The NFPA 70E Electrical Safety Awareness Training for Electrical Workers (4 hour Course) discusses the electrical safety standard developed by the National Fire Protection Association in response to a request by OSHA for a standard that addresses safe work practices intended to protect electrical workers from electrical hazards. This course provides a solid foundation for compliance considerations by employers who realize the importance of NFPA 70E in their workplaces.

Objectives For 3- and 4-hour session; Learn how the NFPA 70E standards apply to your current job, learn about 3 most recognized hazards of electricity, learn how an arc is created, learn about shock and the 3 physiological effects of shock, learn about arc flash including dangers of and temperature and causes, learn about arc blast and dangers included, review NFPA 70E Energized Approach Boundaries Table, learn how to read an arc flash hazard label, understand definitions of each part of arc flash hazard label, understand what an arc flash boundary is and who it protects, review NFPA 70E Article 110 .6, E, 2 on Maintenance and Construction, discuss and review LOTO and its application, learn how to recognize a hazardous situation using the risk assessment procedure, discuss a potentially dangerous situation and how to mitigate the risk using the "Hierarchy of Methods", review NFPA 70 Article 120 on Establishing Electrically safe work conditions, discuss energized electrical work, learn OSHA definition of "Qualified Person", discuss and examine electrical PPE including arc suits, glasses, helmets, HV gloves, test HV gloves with air tester, learn proper care of PPE, learn how to keep yourself safe, learn how to attend to a person who has received a shock

**Class# 5029**                      **Start Date: 10/2/2018**      **End Date: 10/2/2018**                      Fees: Under 62: \$75.00      Over 62: \$61.58  
Meetings: Tue 10/2/2018 8:00am-12:00pm at Rhinelander - Birchwoods Center 103

**Class# 5030**                      **Start Date: 11/6/2018**      **End Date: 11/6/2018**                      Fees: Under 62: \$75.00      Over 62: \$61.58  
Meetings: Tue 11/6/2018 5:00pm-9:00pm at Rhinelander - Birchwoods Center 103

**Fire Extinguisher Training for Workplace**

Continuing Ed Credits:0.1

This course prepares the individual to use portable fire extinguishers in compliance with the Occupational Safety and Health Administration (OSHA) 29CFR 1910.157. Skills include learning the various classes of fire; classification of different types of fire extinguishers and their extinguishing agents; and identifying the properties and hazards of fire. The participant will then practice these skills in either a controlled live fire evolution or a simulated fire evolutions.

**Class# 5031**                      **Start Date: 10/4/2018**      **End Date: 10/4/2018**                      Fees: Under 62: \$50.00      Over 62: \$36.58  
Meetings: Thur 10/4/2018 8:00am-12:00pm at Rhinelander - Birchwoods Center 103

**Class# 5032**                      **Start Date: 11/8/2018**      **End Date: 11/8/2018**                      Fees: Under 62: \$50.00      Over 62: \$36.58  
Meetings: Thur 11/8/2018 8:00am-12:00pm at Rhinelander - Birchwoods Center 103